

**Whoso eateth my flesh, and  
drinketh my blood, hath eternal  
life; and I will raise him up at the  
last day.**

**For my flesh is meat indeed, and  
my blood is drink indeed**

**He that eateth my flesh, and  
drinketh my blood, dwelleth in  
me, and I in him.**

**John 6:54-56**